



Welcome To Tunisia For ESC (EVS)



Association Solidarité Echange et Développement/ASED
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**VOLUNTEERS
INFO PACK**



Dear volunteers,

This infopack will answer most of the important questions about the ESC project, your tasks as a volunteer, your host association ASED and your host country Tunisia.

Volunteering is defined as an unpaid activity where someone gives their time to help a non-profit organisation or an individual whom they are not related to. One of the better-known benefits of volunteering is the impact on the community.

Volunteering is the contribution of time, effort and talent to a need, cause or mission without financial gain.

ESC in Tunisia offers you a chance to get to know the society and learn from people of different backgrounds (culture, traditions, languages).

- gain new skills
- make new friends
- learn how to be self-dependent
- make a difference within the community



ASED, your host organization, is a Sousse-based non-governmental organization aimed at empowering Tunisian youth through building social cohesion, promoting cultural exchange and non-formal education. ASED has been a long-standing participant of Erasmus + initiative and a veteran European Solidarity Corps partner organization. Over the years ASED has hosted countless volunteers, providing them with a unique opportunity to get to know Tunisian culture. As a partner organization ASED has also sent a number of Tunisian youngsters abroad for Erasmus + projects such as Youth Exchange and ESC (formerly known as European Voluntary Service - EVS) Here you can find out more about ASED: <http://www.ased.tn>

ASED Association facebook page: <https://www.facebook.com/ASED-Association-112550102254689/>

Tunisia Calling fanpage created by Polish volunteers:

<https://www.facebook.com/Tunisia-Calling-113836697137361/>

VOLUNTEERING AT ASED - PHILOSOPHY

At ASED we see volunteering as an opportunity for cultural immersion and self-development

**MEET NEW PEOPLE, EXCHANGE THOUGHTS,
GAIN EXPERIENCE**



Mounir Bokchari: The president of the association. He has been the head of the youth centre for nearly 30 years. He interacts with the youth on a daily basis through discussions, empowerment and problem-solving. During his long career as the president of ASED he has taken part in numerous trainings, which equipped him with an in-depth knowledge of Erasmus + as well as solid project management and communication skills.



Oumeyma Bokchari:

Oumeyma has been a longstanding member of ASED, particularly involved in activities with foreign volunteers hosted by the association. During your stay, you will be seeing her a lot as she will be teaching you Tunisian dialect.



Mohamed Adem Gabsi

3rd year Student in English Literature and Civilisation: Hey Guys, I'm Adem, I'm 22 years old, I'm a fun seeker but also volunteering addict so together we can make a lot of good work to develop and to be developed.

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Phone number: +216 55996793



Rahma Lazrek

I am a business student majoring in finance, I am very active civically and took part in several international projects. I am fond of debating as I train debate along with the British council. I am also a freelancer and I am ready to discover and learn more.

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Phone number: +216 94133017



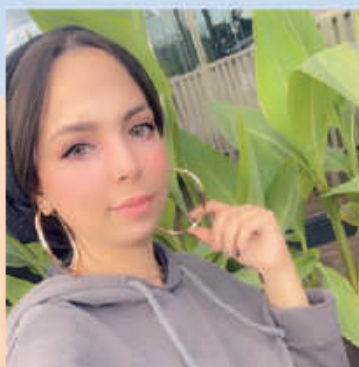
Amato Allah El Gharbi

I am a student at the higher agronomic institute of Chott Mariem. I'm am a mentor at ASED. My interests encompass education, training and entrepreneurship.

I am dynamic, rigorous and open to the world. I have a great desire to fully commit myself to carrying out this project and improving my skills.

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Fareh

I am 26 years old. I graduated from industrial maintenance mechanics and I work as a commercial in a private architecture company. Besides that, I am an active member in many different associations including ASED and chebeb chot mariem.

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Email: farahslema.fs@gmail.com



Talel Souani

I have been a mentor at ASED since its inception.

I participated in a number of activities such as sport and cultural activities as well as social events. I am a member of Association Memory and Local History Kalaa Sghira engaged in cultural and social workshops and promoting archeological and historical sites and museums.

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WHAT WILL YOU BE DOING HERE?

At ASED we believe in versatility so your activities are not going to be limited to one field. Your service here will entail a wide range of tasks including:

- teaching English at a kindergarten
- working with children at an orphanage
- assisting at a flower garden (repotting, gardening, watering)
- discussion clubs with Tunisian youth
- extra activities such as beach cleanup, olive harvesting*
- PERSONAL PROJECTS**

* extra activities - In addition to the weekly schedule our association organises weekend events you are welcome to participate in. Their primary aim is to provide a platform for cultural exchange. These tend to be fun, informal meetings combined with community work or workshops such as beach cleanups, meetups at a cultural centre (painting murals) and sport activities such as playing volleyball and meditation workshops.






**** personal projects** - Apart from your usual activities you are welcome to suggest your own ideas and project that you would like to develop during your stay. ASED is more than happy to assist volunteers in running their personal projects. Don't hesitate to reach out to us :)



Sample Schedule:



Q.V.S / Tunisia
15 - September 2020

Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday
9.00/17.00 Activities with children in kinder-garden (Kantawi)	9.00/ 16.00 Activities in flower garden Tuntana	9.00/17.00 Activities with children in kinder-garden (Kantawi)	09.00/12.00 Arabic lesson 14.00 / 18.00 Youth Talk club in the museum kalaa Sghira (games / English club...)	09.00/13.00 Activities and cleaning in 1 juin school in kalaa Sghira	Happy WEEK END	Happy WEEK END
	18.00 Meeting and dinner all volunteers and ased members in Miramar hotel			Free afternoon To take care about and clean accomodation place		

Events: *

- **Tuesday 15/09/2020 : evaluation meeting with mounir at 09.00**
- **Thursday 17 /09/2020 : dinner with ased memebre in miramar hotel at 18.00**
- **Saturday 19/09/2020 : arabic lesson in miramar hotel : 09.30**
- **Saturday 19/09/2020 : youth talk club in the mesuem kalaaa sghira at 15.00**
- **Saunday 20/09/2020 : cleaning school 1 juin kaalaa sghira .**

Accommodation:

You will live together with other volunteers in an apartment in Tantana, Chott Meriem. It's a touristic area with restaurants, cafes and shops. The apartment is close to the sea, it's approximately a 5 minute-walk. It consists of 3 bedrooms, a living room with a kitchenette, a bathroom and a huge terrace.





Rules of accommodation:

- It's forbidden to invite people to the house.
- The volunteer has to economize the electricity because it is so expensive in that area.
- The volunteer has to keep the house clean.
- The volunteer must keep the host organisation informed about his/her whereabouts during the period of service. For any personal travel, friends, family visit, excursions... anywhere in Tunisia during working and free days, the volunteer must inform his/her mentor and the president of ASED and ask for his/her approval.
- The volunteer must attend all activities specified in his/her weekly schedule and the events organized by the association. If the volunteer, for any reason, cannot attend any of the activities, he/she must inform his/her mentor or president in advance and specify the reasons.
- The volunteer must respect the personnel of the host organization and partner associations and NGO hosting his/her project.
- The volunteer is not allowed to take part in any other activity especially demonstrations or strikes organized by other associations (for political reason).

Transport:

There are many means of transport in Tunisia - trains, buses, taxis, and louage. Louage is a yellow or white taxi for 8 passengers. Yellow ones drive mainly on specific routes in cities, whereas white ones are long-distance. Keep in mind that in Tunisia all rules are flexible, so sometimes you will see white louage in the city and yellow louage on the highway. In every city, the louages have their own specific stops and routes. There are three busiest and most important stops in Sousse. Bab Bhar, located near the Medina walls in the city center, Menchia in Hammam Sousse and Tafela, located on the outskirts of the city - from this station you can find louage to other cities. You can catch Louage almost anywhere!

The rule is simple - you can stop louage wherever you want and join to the rest of the passengers. When you want to get off, say *Ça va*. The price list is fixed in advance, but when moving around the city, the cost of one trip is about one dinar.

The undoubted advantage is that they are cheap and very fast.



Tantana - El Kantaoui **750 millim**
Tantana - Menchia (Hammam Sousse) **750 millim**
Tantana - Akouda **750 millim**
Menchia - Tafala **750 millim**
Sousse, Bab Bhar - Kalaa Sghira **750 millim**
Tantana - Hergla **1 dinar**

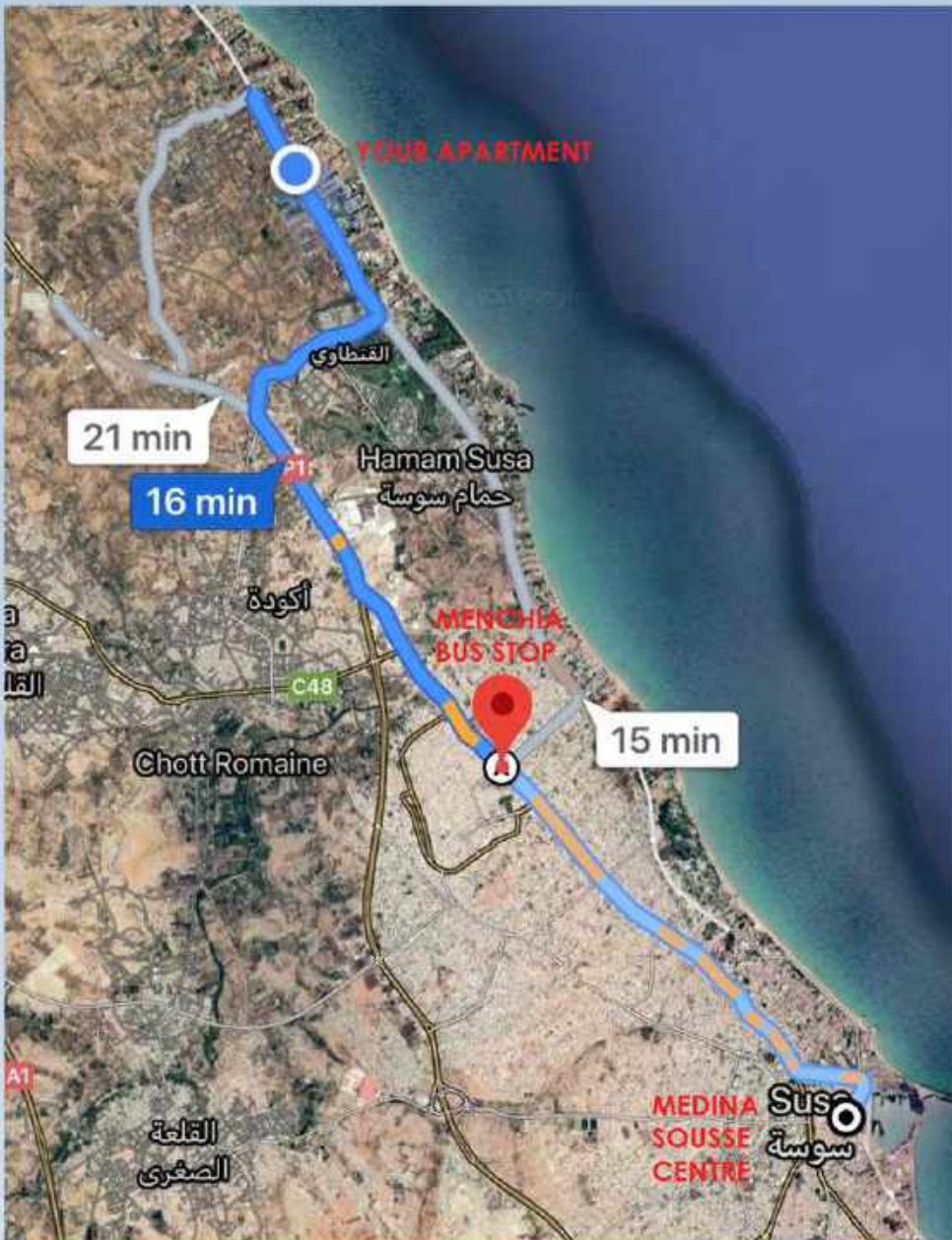
Prices:

Those are fixed prices of the routes that you will use.

Soviva, Tantana - Sousse, Bab Bhar 1 dinar (1000 millim)

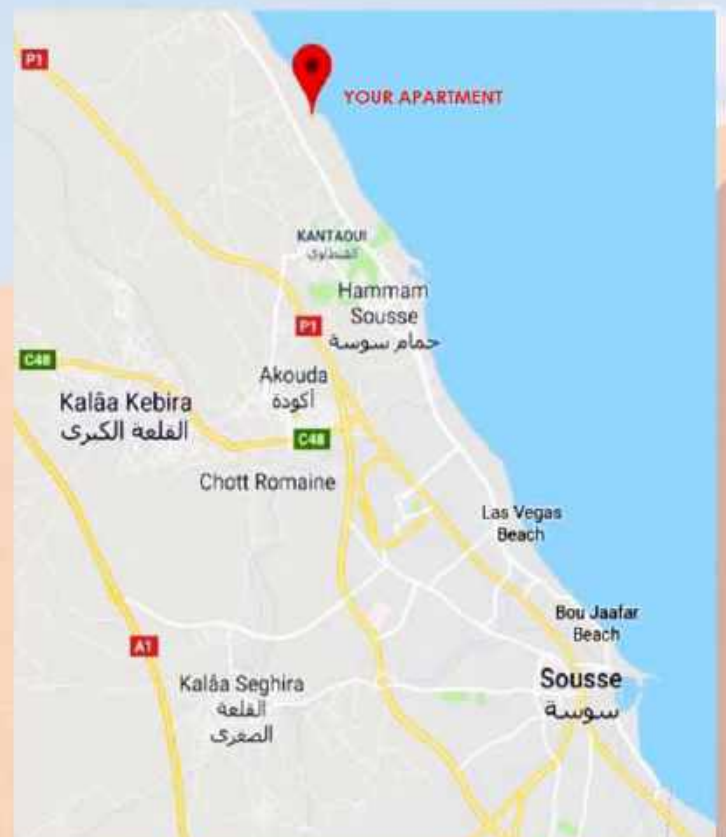
If you want to go to Sousse, you should catch the louage from the roundabout next to the Soviva Hotel. Also, if you go from Sousse to Tantana, you should tell the driver that you want to get off at Soviva, so you will pay just 1 dinar. The thing is that Soviva belongs to the El Kantaoui zone, so the price is lower.





The two most important louage stops are marked on the map at the top.

Your activities will take place in Akouda, Kala Seghira, Kantaoui, Sousse Centre (map on the right)



Where to shop in Tantana and Sousse?

You will find many small shops in your area where you can buy most of the products. Below you will find the names of the big cheap shops and markets (souks) in Sousse.

Big shops:

Monoprix Hammam Sousse

Aziza on the way to Hergla

Carrefour in Khzema (between Hammam Sousse and Sousse)

Carrefour in Mall of Sousse

Souks

At souks you can buy almost everything, especially cheap and fresh fruits and vegetables and affordable second-hand clothes. It's always better to go in the early morning to have a greater choice. Souk Lahad (Sunday's souk) in Sousse near Tafala.



All volunteers receive monthly money from the host organization and they are free to spend it as they wish.

200 dinars for food

40 dinars for transport to go to the activities in Akouda, Kala Sghira, Sousse Center, Kantaoui

You will also receive **pocket money - around 90EUR** per month but it depends on your country and the sending organization that deals with it.

Cigna insurance:

It must be done by your sending organisation before you come to Tunisia. You must have an insurance card printed in two copies, one for you and the other for our organization.

Certification:

At the end of your ESC (short/long term) you will receive a *youth pass*.

E-mail:

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Oumeyma Bokchari, Mentor: bokchari.oumeyma@yahoo.fr

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<https://www.facebook.com/profile.php?id=1596618357>

<https://www.facebook.com/ASED-Association-112550102254689/>

<https://www.facebook.com/Tunisia-Calling-113836697137361/>

Your location

Your accommodation is situated in Tantana, a touristic district of Sousse near the beach. It is 15 km from the center of Sousse, but it is an easy and cheap commute. Sousse is a touristic city on the eastern coast of Tunisia. It is the third biggest city in Tunisia but it's still relatively small with the population of 270 000.

Tourists are attracted to Sousse by its beautiful beaches, nice weather, seaside resorts, luxurious yacht port El Kantoui and the old town with its sights from the 9th century.





You will have a unique opportunity to learn a new language: the Tunisian dialect.

The official language in Tunisia is Arabic. However, in daily life Tunisian people use their dialect, which is a bit different from the Standard Arabic.

While in Tunisia, you will be able to communicate with people in English or French, and you will have a language lesson once a week where you can learn Tunisian.

Here are some helpful Tunisian words and phrases:

Hello	عسلامة	Asslema
How are you?	شحوالك	Chnahwalek?
I'm fine	لاباس	Labas
What's your name?	شنو اسمك	Chnouwa ismek?
My name is...	انا اسمي...	Ani ismi...
Thanks	عيشك	Ayhek
You're welcome	ماغير مزية	Maghir mzia
Nice to meet you	تشرقنا	Tchrafna
What is this?	شنوا هاذا؟	Chnouwa hadha



Tunisia is full of beautiful places to discover.

You need to know that exploring Tunisia is also very cheap and if you feel like it, in your free time, you can check out some interesting places to get to know this country and its culture better.

Here are some suggestions :)

Monastir

Beautiful town situated by the sea 40 km from Sousse.

Places worth seeing:

- Medina
- Ribat
- Mausoleum of Bourguiba
- Marina

How to get there:

You need to take a louage from Soviva roundabout to Sousse - 1 dinar and next metro to Monastir - 1 dinar.



Hergla

Lovely, small fishing town close to your neighborhood.

How to get there:

You need to take a louage from your apartment directly to Hergla - 1 dinar



Takruna

Small Berber village located on a hill 200 meters above the sea. There is a great cafe at the top with an amazing view from the windows and the terrace. Next to the cafe there is a small museum dedicated to the history of Takruna and its inhabitants.

How to get there:

You need to take a louage from Soviva roundabout to the Menshia stop in Hammam Sousse, next another louage to the town of Enfidha, then from there you should take the next louage directly to Takruna. One-way travel cost is 4 dinars.



El Jam

Small town in the west of Tunisia, an hour-drive south of Sousse.

It is known for its world-famous Roman Amphitheater of El Jam. After visiting the theatre you need to go to the famous museum of mosaics. It contains the impressive collection of exquisitely-preserved and impressively meticulous Roman mosaics.







How to get there:

You need to take a louage from Soviva roundabout to the Menshia stop in Hammam Sousse, next another louage to Tafela station, then from there you should take the next louage directly to El Jam.

One way travel cost is 8 dinars.



3 days on Sahara

		Sunday 8 novembre	Monday 9	
		<p>Rdv in sahloul : 9.00 Départ pour le SUD (Nefza)</p>  <p>Repas sur la route</p> <p>Arrivée et installation à l'hôtel Fin d'après midi : Coucher de soleil sur les dunes</p>  <p>Nuit à Nefza</p>	<p>Matin : (en Option et avec participation) CIRCUIT en 4x4 (Tamerza, l'Oasis de Montagne Chebika, le Site décors de Star Wars)</p>    <p>Après midi libre : piscine, et possibilité de balade à pied ou en calèche dans l'onsis-en option)</p>  <p>Nuit à Nefza</p>	
		<p>Tuesday 10 Matin 7h30 : VISITE DE TOZEUR Route pour DOUZ</p>  <p>(Lac Salt Chott Jérid, Source d'eau chaude à Kefili) Repas à Douz Après midi : Route pour MATMATA Visite de Maisons Troglodytes</p>  <p>Route pour Sousse</p>	<p>participation : about 100 euros (320 Dinars) - included : transportation + 2 nights in hotels en DP in double rooms (half board) sleeping +breakfast+dinner) 10 euros each night if you like single room not included / optional and not obligatory Lunch at 13.00 - Drinks during dinner in hotel " mineral water and ...) - Tour jeep 4x4 : 600Dinars - Tour calèche " horses" : 10 D - Dromadaire " camel 1 hour" traditional dress : 30</p>	<p>participation : (320 Dinars) - inclus : - transport en voiture prive a partir de sousse et a soussé, - 2 nuits en demi pension a l'hôtel 3 étoiles a Nefza (en chambre double + diner + petit déjeuner) - 30 dinars supplément pour chambre single ? - Non inclus : Café/jouir de midi / brochettes et sont minéral durant le voyage - Tour demi journée en 4x4 (60 dinars)</p>

Tunis

Capital city of Tunisia. It's the biggest city in Tunisia, so it's worth going there for 3 days.
How to get there:

You need to take a louage from Soviva roundabout to the Menshia stop in Hammam Sousse, then from there another louage to Tafela station and then from there you should take the next louage directly to Tunis.

One way travel cost is 15 dinars.

Our volunteers from Poland and Turkey stayed at the Le Calife Hotel.

Cost per night 25 dinars per person.

To reach places far from the city centre you can use metro, for example:

Sidi Bou Said - 700 milim

Carthage - 700 milim

Museum Bardo - 500 milim

Our volunteers' trip plan is presented below.

TRAVEL PLAN

The Polish & the Turkish Volunteers are taking a 3-Day trip in Tunis and around it.



CAFILLA OF ALCHEMISTS



Going: 19 Oct.
Return: 21 Oct.
Accommodation: Hôtel le Califa

DAY 1 - 19 OCT.

- Medina
- Porte Bab Bhar
- Mosque Zitouna
- Kosbah Square
- Mosque Sidi Youssef
- Sidi Bou Said



DAY 2 - 20 OCT.

- Carthage
- Museum & Archeological Area
- North Africa American Cemetery



DAY 3 - 21 OCT.

- Cathedral de San Vicente de Paul
- Habib Bourguiba Avenue
- Grande Synagogue de Tunis
- Hotel du Lac
- Museum Bardo

Former volunteer testimonials



I'm Jennifer, a 23-year-old Italian girl from Rome, and now also former ECS volunteer. Thanks to this experience I had the opportunity to really immerse myself in the culture and habits of Tunisian people and live the country to the fullest. Since the very first moment I felt protected, comfortable and loved. Mounir, our coordinator, Oumaima, his daughter and our Tunisian teacher, Talel and all of the mentors and reference figures from the association were always there for us, for any problem, advice or even just to talk. What I liked the most about our project was the variety of the activities and the possibility of proposing and trying new ones everytime we wanted to. It has been one of the most beautiful experiences ever, I would do it again and again, reliving every second. I would recommend it to anyone. It's something that opens your mind, lets you grow and reflect on the real values.
mail: jennifertamerat@gmail.com



Melek

I always wanted to go to a different country, learn about different cultures and meet different people. This was always my dream. Erasmus+ made this dream come true but my only option was Tunisia and I had stereotypes because social media did not show Tunisia as a good place. When I went to Tunisia, I learned that those stereotypes were not accurate. Thanks to the air, the people's helpfulness, the sea, I realized that Tunisia is the perfect place. Erasmus+ and Tunisia, thanks for everything.

mail: melek.ydere@icloud.com



Merve busse Bal

I was actively using social media during our trips, and everyone who said told me "what are you going to do there?" before I began my project, started writing me that they want to come here. While watching the sunset in the Sahara desert, while drinking your coffee against the view in port El Kantaoui, enjoying the beaches in Hammamet or getting lost in the blueness of Sidi Bou Said, you will feel how lucky you are in this country. Tunisia became my second home, where I made a lot of good memories and gained a lot of experience in just two months. This ESC project will be among my most precious times which I will never forget.

mail: bmervebuse@gmail.com



I am Abdullah from Turkey. I am 20 years old. I am a student of mechanical engineering. Why did I want to be a volunteer? Because volunteering makes me happy. I also wanted to see this country and learn about a new culture because it is rare to find such an opportunity.
It was great!



Hello, I'm Ayse from Kayseri, Turkey. I am 22 years old and currently studying English language and teaching. I wanted to be a volunteer because I wanted to experience different languages and cultures. I wanted to welcome new friends into my life that I could learn many different things from. I was going to leave my comfort zone and start to discover the world which means my dream would come true. It was exactly what I wanted. I am learning a new culture but I also see that Tunisian and Turkish cultures have a lot in common. Lastly, I am happy that I am in Tunisia for my first ESC experience.



Hi there, I'm Yunus from Turkey. I'm 23 years old and I am studying Arabic Language and Literature. I considered this project a great opportunity to get to know Tunisian culture and lifestyle. I was very curious about different approaches to volunteering activities in Tunisia. In Tunisia people are very kind and friendly, I feel comfortable and confident here. Keep in touch with Tunisia to discover it more day by day!

What do you need to bring with you?

- print out your CIGNA insurance card in two copies
- 50 EUR in case of emergency
- warm clothes (especially socks)
- small traditional gift from your home country for the host organization

Bring positive attitude and motivation, adventure is waiting for you.

What your ESC will look like depends on you :)

Good luck and see you soon!

Created by Polish volunteers, 2020.

Karolina Świerczak, Julia Kapała, Agnieszka Leszko, Franciszek Brzezina